

# **4<sup>th</sup> International Workshop on Water in Food**

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## **Water determination – scientific and economic dimensions**

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**In trade,  
the value of goods depends on  
quality and  
on the contents  
of certain components.**

**It is therefore necessary  
to analyse products  
and determine  
the content or  
concentration of components  
that decide the quality and the price.**

**Why is this problematic ?**

**Differences in analytical methods**

**may lead to**

**seemingly (!) different concentrations**

**and different quality grades.**

**Consequence:**

**Analytical methods should be harmonised.**

**Why can this be problematic ?**

**Official methods are usually adopted by heterogeneous bodies that do not consist of scientists only.**

**Economic and political reasons may influence decisions.**



**A certain group  
or even a single powerful company**

**may influence**

**the introduction or the refusal of a new  
method,**

**if this method affects the price of their  
products.**

**This may lead to the situation  
that an official method is  
scientifically incorrect.**

**Here we have the clash of  
scientific truth  
and economic interests !**

**An example of**

**such a situation is given.**

**The price of dairy powders is fixed on the basis of dry matter.**

**Determination of water content is therefore an important analysis,**

**particularly for economic reasons:**

**The vendor wants to „find“ a water content as low as possible, the buyer as high as possible.**

**Water content is very often determined by drying techniques.**

**Principle problems:**

1. Drying techniques do not distinguish between water and other volatile substances.
2. Strongly bound water is not detected.

**Consequence:**

**Result of drying techniques is  
not water content,**

**but mass loss under the applied  
(and principally arbitrary) conditions !**

**This mass loss is often called moisture.**

# Lactose problem

## Scientific aspect:

Lactose exists in different forms.

$\alpha$ -Lactose: 1 mole water of crystallisation per mole  
(5% by mass)

$\beta$ -Lactose: anhydrous

Amorphous lactose: anhydrous, but water in interstices.

Real lactose samples: may be mixtures  
(depends on production conditions).

In all cases, additional water can be adsorbed to the surface.



For dairy products, drying at 102 °C for 2 hours is common.

## **Problem:**

Nearly all dairy powders contain lactose.

Water of crystallisation is only partially detected.

## **Consequence:**

**Result of drying (mass loss) of dairy powders is neither the surface („free“) water nor the total water content.**

# Lactose problem

## Economic aspect:

Dry matter ( $DM$ ) is calculated from the total mass ( $m_0$ ) and the water mass ( $m_W$ ) contained in the product:

$$DM = m_0 - m_W$$

Water mass can be calculated from water content ( $WC$ ):

$$WC = m_W / m_0 \quad \rightarrow \quad m_W = WC \cdot m_0$$

$$DM = m_0 - WC \cdot m_0 = m_0 \cdot (1 - WC)$$

**Dry matter (price!) falls with rising water content.**

**Recently, a reference method for moisture determination of dried milk was adopted by the International Dairy Federation (IDF) and the International Organization for Standardization (ISO).**

**The introduction of this method was very strongly supported and pushed by parts of the dairy industry and a producer of an apparatus designed particularly for this method.**

**Scientific arguments brought forward against this method were rigorously denied and ignored.**

**How does the new reference method work ?**

**5 g sample are heated in containers  
at 87 °C for 5 h  
in a stream of dried air (33 ml/min).**

**The mass loss is defined as moisture content  
(without checking mass constancy).**

**As alternative,**

**a Karl Fischer method,  
based on a selective chemical reaction,  
was developed and suggested.**

**Investigations have been made to compare  
classical oven drying (OD),  
the reference drying method (RD),  
the Karl Fischer titration  
for various dairy products.**

**The drying results were observed  
after various drying times.**

# Table 1

**Results for water content by Karl Fischer titration (KFT) and for mass loss by oven drying (OD) after 2 h and by “reference drying” (RD) after 5 h; n = number of replicates**

| <b>Sample</b>                 | <b>Water content by KFT (n=5) [g/100 g]</b> | <b>Mass loss by OD (n=2) [g/100 g]</b> | <b>Mass loss by RD (n=2) [g/100 g]</b> |
|-------------------------------|---|--|--|
| <b>Lactose</b>                | <b>4.45 ± 0.19</b>                          | <b>2.45 ± 0.13</b>                     | <b>1.04 ± 0.03</b>                     |
| <b>Skimmed milk powder</b>    | <b>3.92 ± 0.07</b>                          | <b>3.85 ± 0.00</b>                     | <b>3.94 ± 0.13</b>                     |
| <b>Full cream milk powder</b> | <b>2.65 ± 0.05</b>                          | <b>2.46 ± 0.02</b>                     | <b>2.72 ± 0.14</b>                     |
| <b>Whey powder</b>            | <b>4.46 ± 0.05</b>                          | <b>2.12 ± 0.01</b>                     | <b>2.24 ± 0.07</b>                     |
| <b>Calcium caseinate</b>      | <b>6.19 ± 0.11</b>                          | <b>5.62 ± 0.03</b>                     | <b>5.73 ± 0.02</b>                     |

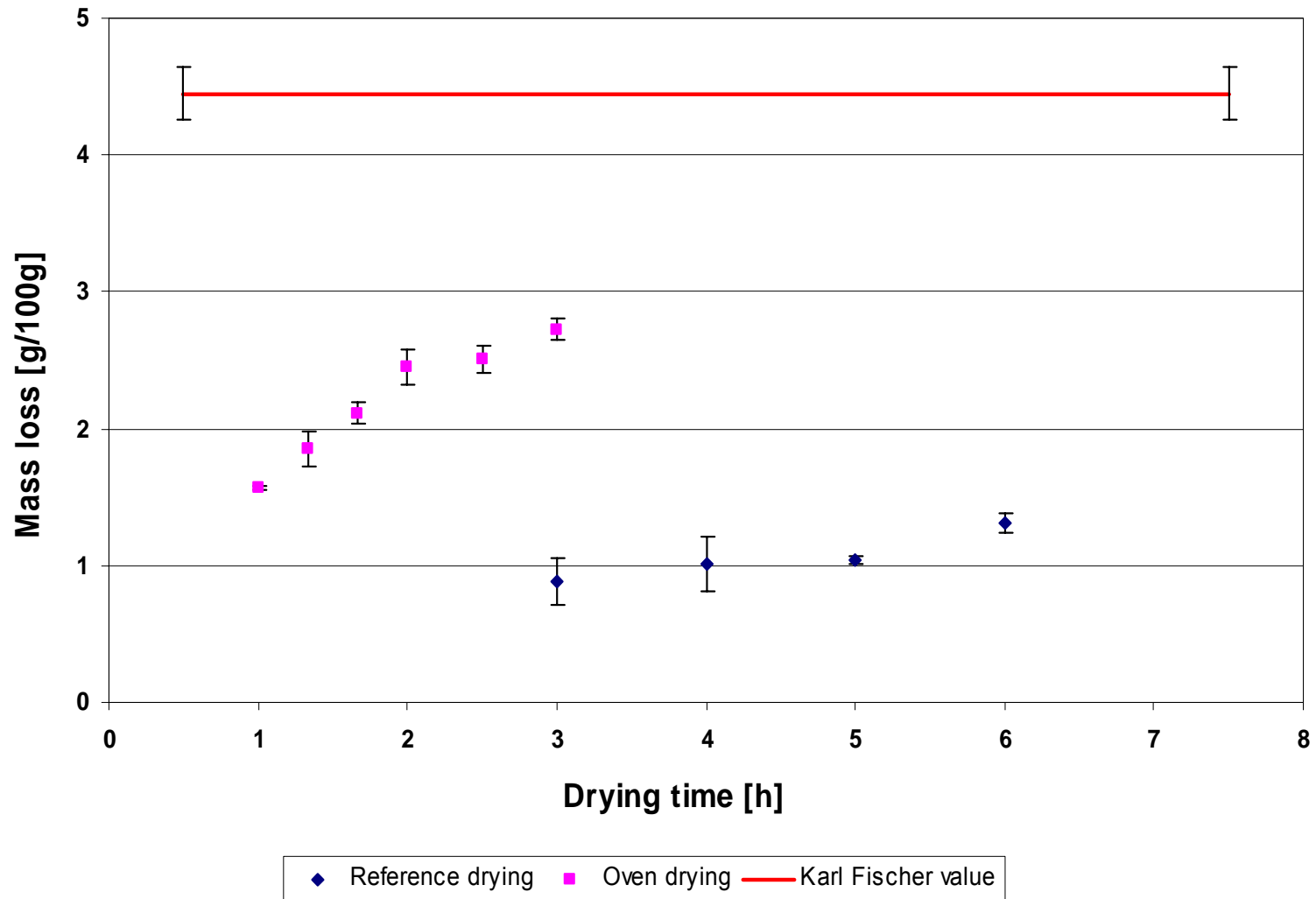


Figure 1. Mass loss by “reference drying” and oven drying after various drying times of **crystallised lactose** and – for comparison and reference – the water content by Karl Fischer titration (also in g/100 g).



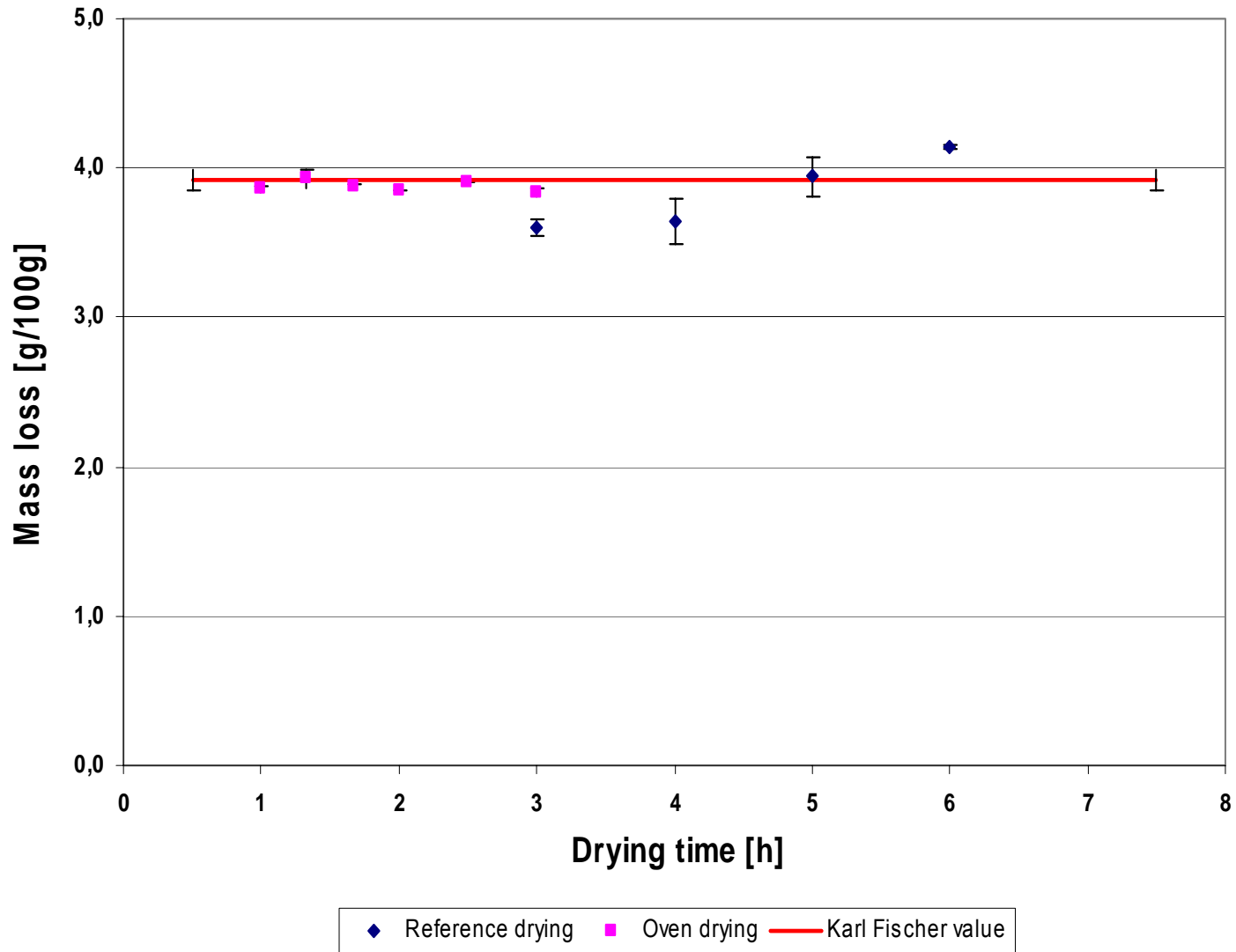


Figure 2. Mass loss by “reference drying” and oven drying after various drying times of *skimmed milk powder* and – for comparison and reference – the water content by Karl Fischer titration (also in g/100 g).

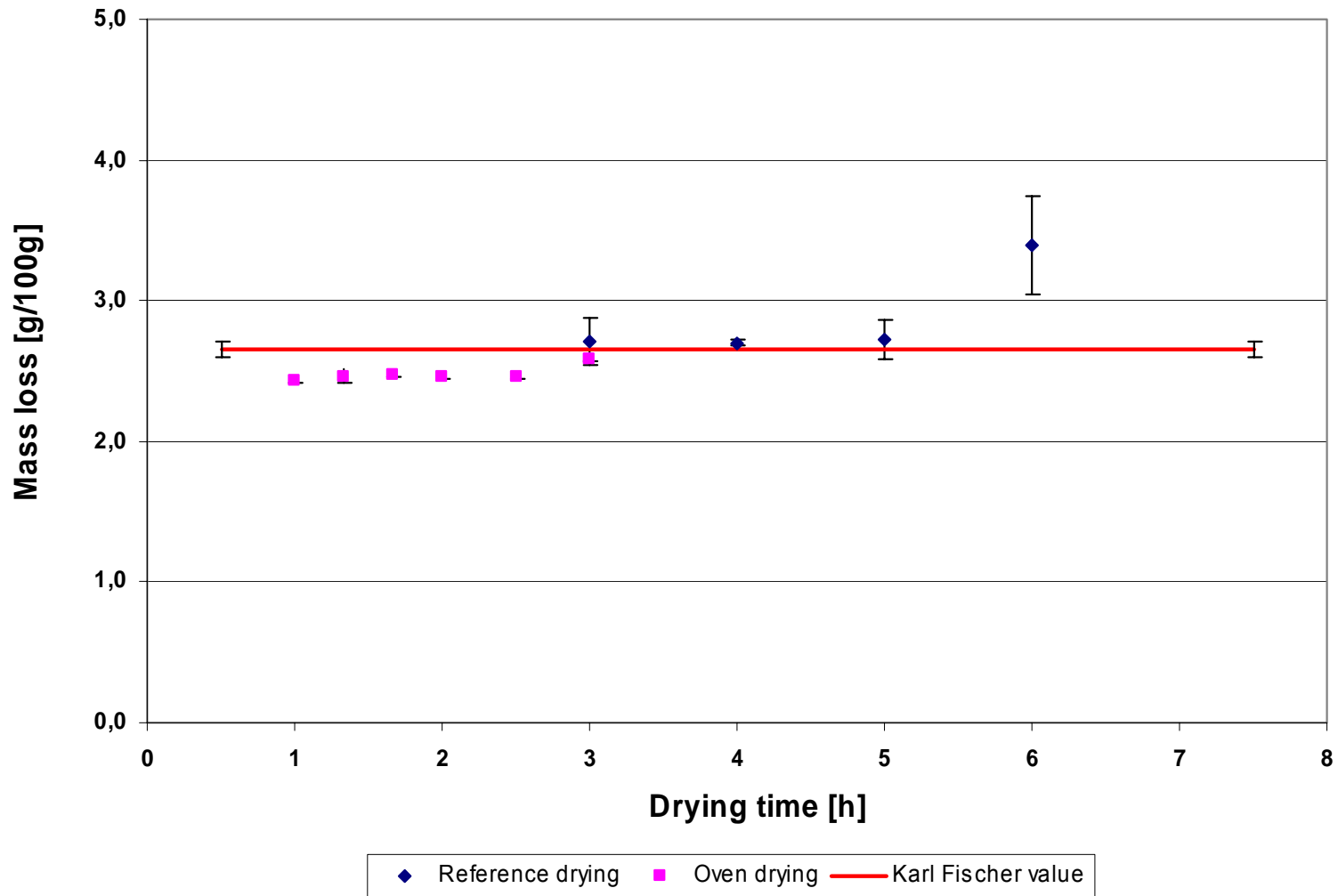


Figure 3. Mass loss by “reference drying” and oven drying after various drying times of **full cream milk powder** and – for comparison and reference – the water content by Karl Fischer titration (also in g/100 g).

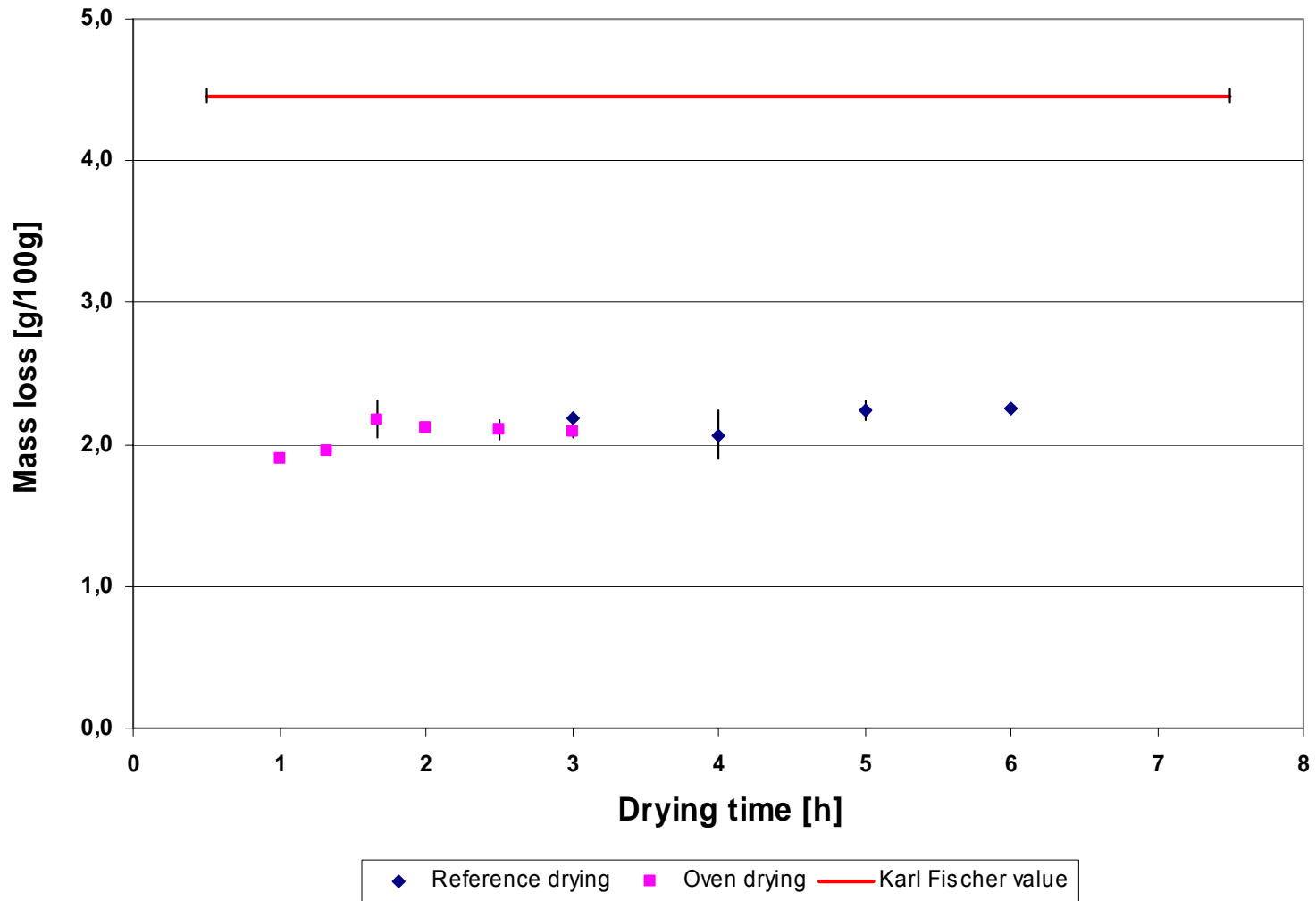


Figure 4. Mass loss by “reference drying” and oven drying after various drying times of *whey powder* and – for comparison and reference – the water content by Karl Fischer titration (also in g/100 g).

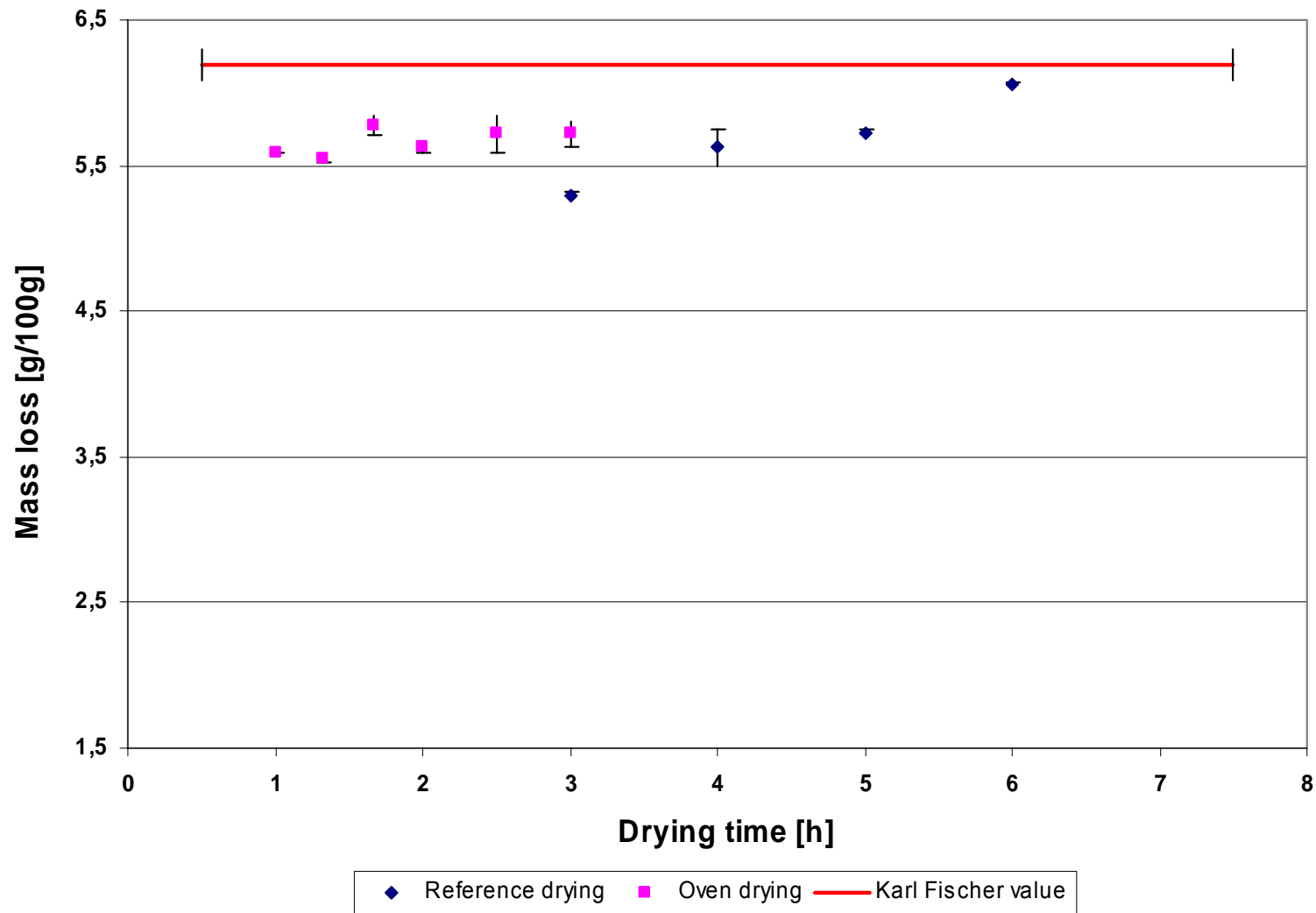


Figure 5. Mass loss by “reference drying” and oven drying after various drying times of *calcium caseinate* and – for comparison and reference – the water content by Karl Fischer titration (also in g/100 g).

# **Conclusions:**

**1. The mass loss (“moisture”) determined with the new reference method (by drying) corresponds approximately to the water content found by Karl Fischer titration**

**in the case of ordinary milk powders,**

**but not for lactose and products with high lactose content.**

**2. The reference drying method does not determine the „free“ water only (which was claimed by the defenders of this method), but includes a part of the „bound“ water.**

**This had already been proven by an international inter-laboratory trial !**

**3. The entity measured by the reference drying method is, therefore, not defined.**

- 4. The Karl Fischer titration detects water, all the water and nothing but the water.**
- 5. The Karl Fischer titration is generally applicable on all dairy powders.**
- 6. The Karl Fischer titration would be a better (and scientifically correct) reference method.**

**This example shows that**

**scientific evidence and argumentation  
may be not convincing enough  
to introduce standards or  
reference methods  
against  
commercial and economic interests.**

**This is a very unfortunate situation.**